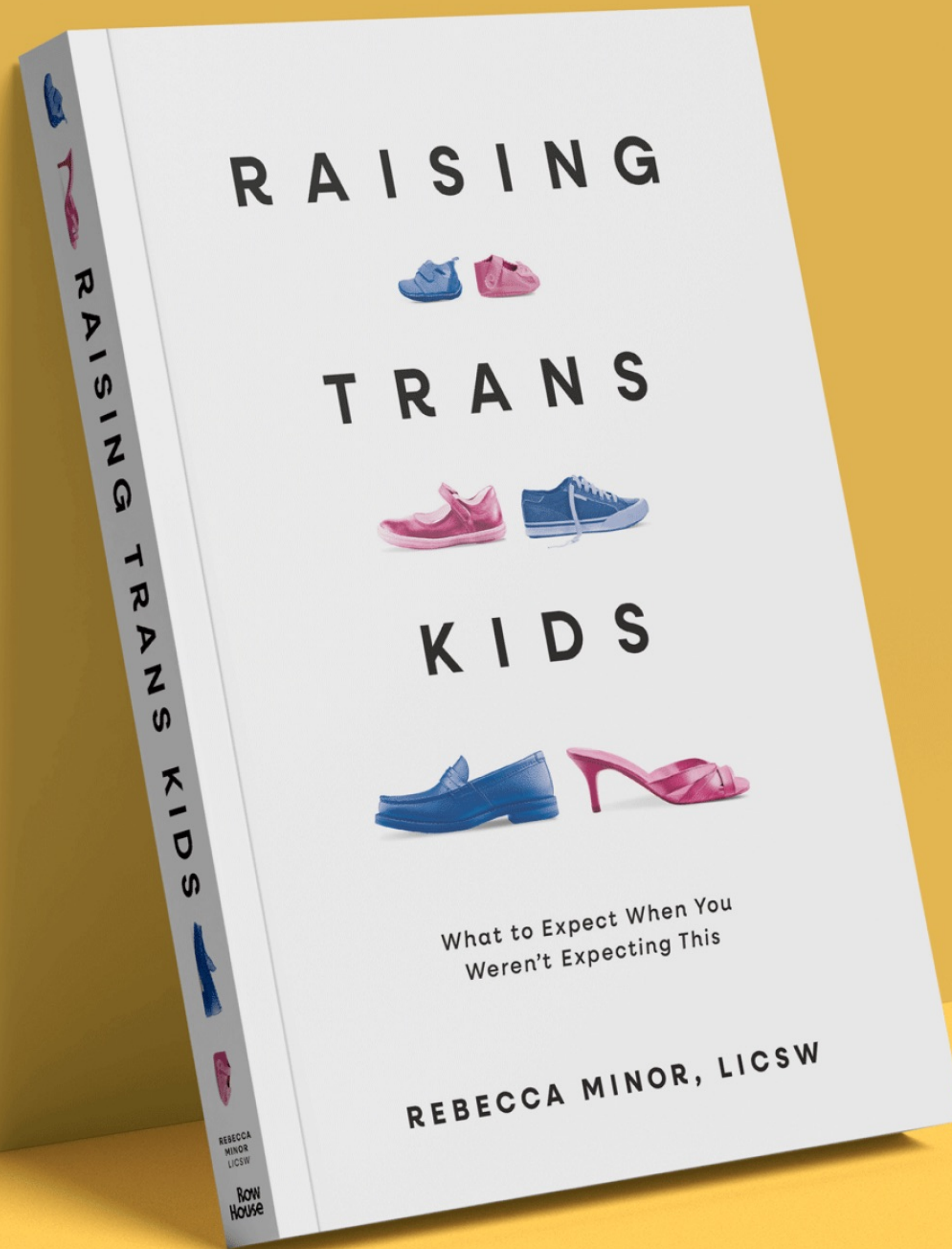


Row House

COMING SEPTEMBER 2025

REBECCA MINOR, LICSW



About the Book



Most parents don't plan for this journey—and when their child comes out as trans, it can bring up fear, uncertainty, and questions they never imagined having to ask. And in a world full of conflicting opinions and misinformation, there's often no roadmap that feels both honest and hopeful.

That's where this book comes in.

Written by gender specialist and therapist Rebecca Minor, *Raising Trans Kids: What to Expect When You Weren't Expecting This* is a compassionate, practical guide for parents navigating one of the most emotionally complex and politically charged journeys of their lives.

It meets parents where they are—not with judgment, but with empathy. It offers clear, evidence-based answers to the questions that keep them up at night, while gently dismantling the fears and myths that might stand in the way of showing up with love.

Because the truth is: parents don't have to be perfect. They just have to be present.



🔗 WEBSITE: genderspecialist.com

📷 INSTAGRAM: @gender.specialist

About the Author

Rebecca Minor, MSW, LICSW (she/they) is an internationally recognized gender specialist, educator, and author of the forthcoming *Raising Trans Kids: What to Expect When You Weren't Expecting This*. With over 10,000 hours of experience working with trans and gender-expansive youth and their families, she's helped parents move beyond fear and uncertainty to become confident, affirming advocates for their children.

Rebecca is the founder of Prism Therapy Collective, where she offers trauma-informed, neurodiversity-affirming care and consults with schools, businesses, and healthcare institutions on LGBTQ+ inclusivity. She also serves as adjunct faculty at Boston University's School of Social Work, where she trains future clinicians to lead with curiosity, care, and cultural humility.

Her work has been featured in *The New York Times*, *Forbes*, *Health Magazine*, *Them*, and *The Trevor Project* docuseries.

Her highly anticipated book is more than a parenting guide—it's an invitation to transformation. Through science-backed insights, real-world stories, and deeply compassionate guidance, *Raising Trans Kids* helps caregivers unlearn societal constraints and step into the role of unwavering support their child needs.

At its core, this book is about more than gender—it's about love, liberation, and learning to see beyond the limits of what we once believed to be true.



What Makes This Book Different

- Designed specifically for parents—not clinicians
- Includes reflection prompts, affirmations, and real stories from families and clinical practice
- Offers an evolving online glossary to keep language and understanding current
- Speaks directly to the fears and limiting beliefs that get in the way of support
- Organized around the questions that keep parents up at night

This book doesn't expect parents to get it right from day one. It helps them grow, learn, and stay in the room.



A Few Ways to Get Involved

- Share a few words of support that could be featured on the book cover or in early outreach to media and booksellers
- Offer a quote of support to be shared in press and launch materials
- Share the book on social media around launch (September 2025)
- Collaborate on a conversation—via podcast, Instagram Live, or panel discussion
- Help us reach the right people—introductions to aligned platforms, partners, or communities

Every voice that helps amplify this message brings it closer to the families who need it most—and we're so grateful for any way you choose to show up.

Ways to Support

We're inviting a small circle of trusted voices to help champion this book and the families it's written for. Whether public or behind the scenes, your support can make a real and lasting impact.

Pre-order you copy here!

Contact

Beth Booker, Publicist

beth@graciepr.com

(724) 462-1320

